| YEAR | NAME | DISTANCE | TIME | PLACE |
|------|---------------|-----------|-------------------|-------------------|
| 1960 | Mike Lewis | 1.8 Miles | 8:55 | 3 rd |
| | Doug Wilcox | | 10:06.4 | 58 th |
| | Tom Griffin | | 10:31.1 | 88^{th} |
| | Mike Bell | | 10:46.3 | 97 th |
| | Ralph Bjork | | 10:50.0 | 104^{th} |
| | Earl Peters | | 10:55.0 | 108^{th} |
| | David Vogel | | 10:59.0 | 112^{th} |
| | TEAM | | 302 Points | 11 th |
| 1961 | Mike Lewis | 1.8 Miles | 8:56.0 | 3 rd |
| | Tom Griffin | | 9:21.0 | 28^{th} |
| | Ben Thompson | | 9:48.0 | 66 th |
| | Ned Lewis | | 10:03.0 | 88^{th} |
| | Scott Johnson | | 10:19.0 | 110 th |
| | Mike Bell | | 10:27.0 | 114 th |
| | Dave Jacobson | | 10:36.0 | 120 th |
| | TEAM | | 223 Points | 8th |
| 1962 | Doug Braaten | 1.8 Miles | 9:33.0 | 55 th |
| 1963 | Dave Heffern | 1.8 Miles | 8:52.0 | 8^{th} |
| | Ned Lewis | | 9:18.0 | 32^{nd} |
| | Doug Braaten | | 9:21.0 | 36^{th} |
| | Dave Johnson | | 9:29.0 | 38^{th} |
| | Dean Heiny | | 9:59.0 | 65 th |
| | Larry Wilson | | 10:31.7 | 125 th |
| | TEAM | | 136 Points | 6 th |
| 1964 | Steve Sperry | 2 Miles | 10:02.0 | 13 th |
| | Dave Johnson | | 10:03 | 14 th |
| | Dean Heiny | | 10:04 | 15 th |
| | Ned Lewis | | 10:11.3 | 23^{rd} |
| | Gene Heffern | | 10:22.0 | 46 th |
| | Ron Lunt | | 10:35.0 | 63^{rd} |
| | Dave Hodge | | 10:36.0 | 64 th |
| | TEAM | | 70 Points | 2 nd |

| YEAR | NAME | DISTANCE | TIME | PLACE |
|------|-------------------|----------|-------------------|-------------------|
| 1965 | Gene Heffern | 2 Miles | 9:57.0 | 8 th |
| | Dean Heiny | | 10:05.0 | 13 th |
| | Bob Larson | | 10:09.0 | 16^{th} |
| | Steve Sperry | | 10:19.0 | 25^{th} |
| | Dave Hodge | | 10:21.0 | 26^{th} |
| | Chuck Heins | | 10:39.5 | 53rd |
| | Ned Lewis | | 11:01.1 | 100^{th} |
| | TEAM | | 66 Points | 2 nd |
| 1966 | Gene Heffern | 2 Miles | 9:35.0 | 5 th |
| | Chuck Heins | | 10:01.0 | 29 th |
| | Willie Barthlowmo | ew | 10:31.0 | 76^{th} |
| | Keith Johnson | | 10:31.1 | 77^{th} |
| | Randy Brown | | 10:32.0 | 79^{th} |
| | Jim Hodge | | 10:47.0 | 99th |
| | Brad Bednar | | 11:01.0 | 120^{th} |
| | TEAM | | 194 Points | 9th |
| 1967 | Gene Heffern | 2 Miles | 9:47.0 | 4 th |
| | Chuck Heins | | 10:22.0 | 22^{nd} |
| | Randy Brown | | 10:26.0 | 29 th |
| | Jerry Hanson | | 10:29.0 | 33^{rd} |
| | Dan Peterson | | 11:43.0 | 65 th |
| | Jim Hodge | | 12:03.0 | 94 th |
| | Dennis Seshen | | 12:23.0 | 118 th |
| | TEAM | | 104 Points | 1 st |
| 1968 | Randy Brown | 2 Miles | 10:07.0 | 21^{st} |
| | Dan Peterson | | | 60 th |
| | Roger Bierlin | | | 61st |
| | Jerry Hanson | | | 78^{th} |
| | Mike Francis | | | 123rd |
| | Dave Miller | | | 141st |
| | Willie Bartholeme | | 144 th | |
| | TEAM | | 261 Points | 10 th |

| YEAR | NAME | DISTANCE | TIME | PLACE |
|------|----------------------|-------------|-------------------|-------------------|
| 1970 | Mike Francis | 3 Miles | 15:15.0 | 3rd |
| | Steve Housker | | 15:53.0 | 8 th |
| | Willie Bartholeme | W | 16:14.0 | 33 rd |
| | Kevin Hays | | 16:31.0 | 49 th |
| | Bill Bjerke | | 16:31.5 | 51st |
| | Brad Hagen | | 17:17.0 | 109 th |
| | Steve Gibart | | 17:20.0 | 115 th |
| | TEAM | | 116 Points | 4 th |
| 1971 | Steve Housker | 3 Miles | | 8th |
| 1972 | Brian Gibart | 3 Miles | 15:24.0 | 14 th |
| | Jeff jirele | | 15:32.0 | 22^{nd} |
| 1973 | Brian Gibart | 3 Miles | 15:07.0 | 11 th |
| 1985 | Chris Harder | 5000 Meters | 16:03.1 | 5 th |
| 2002 | Carl Bauer | 5200 Meters | 17:34.9 | 73 rd |
| 2009 | Haley Splinter | 4000 Meters | 15:47 | 46th |
| 2010 | Haley Splinter | 4000 Meters | DNF | |
| | Madison Overby | 4000 Meters | 15:48 | 89th |
| 2011 | Madison Overby | 4000 Meters | 14:51.1 | 20th |
| 2012 | Madison Overby | 4000 Meters | 15:03.40 | 39th |
| | Haley Splinter | 4000 Meters | 15:23.80 | 82 nd |
| 2013 | Andrew Baker | 5000 Meters | 17:29.1 | 140th |
| | Madison Overby | 4000 Meters | 15:25 | 72nd |
| 2014 | Madison Overby | 4000 Meters | 15:03.5 | 27th team 51st |
| | Abby Lewis | 4000 Meters | 15:15.6 | 37th team 68th |
| | Paiton Schwab | 4000 Meters | 15:48.6 | 65th team 118th |
| | Tasia Martinson | 4000 Meters | 16:06.6 | 85th team 145th |
| | Morgan Hose | 4000 Meters | 16:22.7 | 93rd team 154th |
| | Nicole Justice | 4000 Meters | 16:38.9 | 103rd team 162nd |
| | TEAM Girls CC | 4000 Meters | 307 Points | 11th |
| 2015 | Madison Overby | 5000 Meters | 19:18.20 | 52nd |
| | Abby Lewis | 5000 Meters | 19:32.8 | 71st |

| YEAR | NAME | DISTANCE | TIME | PLACE |
|------|-------------------|-------------|----------|-------------------|
| 2016 | Abby Lewis | 5000 Meters | 21:05 | 142 nd |
| 2017 | Abby Lewis | 5000 Meters | 19:43.9 | 82^{nd} |
| | Henry Hinchcliffe | 5000 Meters | 16:31.0 | 64th |
| 2018 | Abby Lewis | 5000 Meters | 19:33.1 | 87^{th} |
| | Henry Hinchcliffe | 5000 Meters | 16:35.0 | 75th |
| | Meti Omod | 5000 Meters | 16:16.1 | 36^{th} |
| | | | | |
| 2021 | Marissa Shute | 5000 Meters | 20:43.10 | 65 th |
| 2022 | Marissa Shute | 5000 Meters | 19:59.80 | 51st |
| | Sydney Lewis | 5000 Meters | 21:07.46 | 107 th |
| | Thomas Herrick | 5000 Meters | 17:17.71 | 75 th |
| 2023 | Marissa Shute | 5000 Meters | 19:32.8 | 32^{nd} |
| | Sydney Lewis | 5000 Meters | 20:04.5 | 60^{th} |